



保密★启用前

2024 年高三适应性考试

英 语

请认真阅读本注意事项及答题要求：

1. 考生务必用黑色字迹钢笔或签字笔将自己的姓名、考生号、考场号和座位号填写在答题卡上。将条形码横贴在答题卡右上角“条形码粘贴处”。

2. 作答选择题时，选出每小题答案后，用2B铅笔把答题卡上对应题目选项的答案信息点涂黑，答案不能答在试卷上；非选择题必须用黑色签字笔作答，答案必须写在答题卡各题目指定区域内相应位置上，不准使用铅笔和涂改液。

3. 考生必须保持答题卡的整洁。考试结束后，将试卷和答题卡一并交回。

第 I 卷

第一部分 听力（共两节，满分 30 分）

第一节(共 5 小题；每小题 1.5 分，满分 7.5 分)

听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项选出最佳选项。听完每段对话后，你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. How many books can the man borrow in a month at most?

- A. 8. B. 12. C. 18.

2. What is the woman doing?

- A. Reading a newspaper. B. Collecting plastic bottles. C. Watching a football game.

3. Why does the man decide to book in advance?

- A. He is coming with a big group.
B. He knows it can be busy on weekends.
C. He is going to celebrate a special occasion.

4. What is the probable relationship between the speakers?

- A. Salesman and customer. B. Boss and employee. C. Husband and wife.



5. What will the speakers see first?

- A. A robotics show. B. A newly released film. C. An engineering exhibition.

第二节（共 15 小题；每小题 1.5 分，满分 22.5 分）

听下面 5 段对话或独白。每段对话或独白后有几个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听每段对话或独白前，你将有时间阅读各个小题，每小题 5 秒钟；听完后，各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

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6. Where does the conversation probably take place?

- A. In the man's house. B. In a charity shop. C. In a restaurant.

7. Why does the man agree to donate to the charity?

- A. He is encouraged by his friends.
B. He wants his neighbors to admire him.
C. He has experienced homelessness himself.

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8. Where did the woman probably go on Saturday?

- A. A high school. B. An art museum. C. The man's office.

9. What will Ivy do in September?

- A. Go to high school.
B. Start working as a doctor.
C. Continue to study for a medical degree.

10. What does Vick think of Ivy?

- A. She's clever. B. She's careless. C. She's annoying.



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11. When will the woman probably return?

- A. On Monday. B. On Wednesday. C. On Saturday.

12. Why does the woman go on the trip?

- A. To visit her family. B. To go sightseeing. C. To work.

13. Which country will the woman probably visit on her trip?

- A. Canada. B. Japan. C. China.

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14. What is most important to the man about his new car?

- A. Its speed. B. Its appearance. C. Its environmental effects.

15. How does the man usually go on holiday?

- A. By train. B. By car. C. By air.

16. What color is the Seal the speakers are looking at?

- A. Red. B. Silver. C. White.

17. What will the speakers probably do next?

- A. Look at some other car models.
B. Learn the rules of road safety.
C. Take the car for a test drive.

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18. What is the speaker mainly talking about?

- A. Reasons to join a speaking club.
B. Ways to improve public speaking skills.
C. Rules for speaking club members to follow.



19. What was the reason the speaker joined the club?

- A. She wanted to make new friends.
- B. Her new job required public speaking.
- C. She wanted to improve her pronunciation.

20. How does the speaker sound in the end?

- A. Anxious.
- B. Humorous.
- C. Encouraging.

第二部分 阅读理解（共两节，满分 50 分）

第一节（共 15 小题；每小题 2.5 分，满分 37.5 分）

阅读下面短文，从每题所给的 A、B、C 和 D 四个选项中，选出最佳选项。

A

How to yum cha in Hong Kong

For Hong Kongers, a quality restaurant could become a family haunt that's visited for generations to come. Here are some of the best places for chowing down on these steam-basket goodies.

Forum

Founded by a legendary abalone(鲍鱼) master, this three Michelin-star restaurant serves classic Cantonese dim sum with an attention to detail that can only be described as impeccable(无瑕疵的). If you want to know what perfect dim sum tastes like, head to Forum.

Sun Hing

As the chefs begin kneading(捏) dough and wrapping buns in the middle of the night, neighbors slowly fill the seats and wait for its freshly made dumplings and stir-fried milk puffs. There is no menu or ordering sheet here. Diners choose their dim sum from the display towers located at the counter.

Golden Valley

Golden Valley offers two styles of Chinese cuisine – Cantonese and Sichuanese – on one dim sum menu. Golden Valley's dumplings are a refreshing and sumptuous(豪华的) pocket of shrimp, mushrooms, pork and water chestnuts, while its Sichuanese dan dan noodles are flavorfully spicy.

Veggie Kingdom

Veggie Kingdom boasts a pretty impressive meatless dim sum experience that even non-vegetarians wouldn't feel lacking. Helmed by a veteran dim sum chef, Veggie Kingdom makes fresh vegan dishes using traditional cooking techniques. Specially-treated vegetable oil is used to replace lard(猪油) and butter. Mushrooms are added to replace the usual pork fillings.

21. What is Sun Hing's feature?

- A. It was founded by a famed master. B. It offers special kinds of noodles.
C. It offers dim sum to night owls. D. It offers menus to order food.

22. Which restaurant best suits visitors who dislike meat?

- A. Golden Valley B. Veggie Kingdom
C. Forum D. Sun Hing

23. In which section of a magazine can the text be found?

- A. Business B. Travel C. Entertainment D. Health

B

A new study estimates more than 1 billion people worldwide are currently living with obesity. People with obesity are considered medically overweight. The study, published in the medical publication The Lancet, said that one in eight people are obese. Researchers said around 43 percent of adults were overweight in 2022. Obesity among adults has more than doubled since 1990. Among young people aged 5 to 19, the obesity rate increased by four times during the same period.

“A staggering number of people are living with obesity, and severe obesity is strongly linked to a long list of health problems and an early death.” declared the lead writer of the study, Majid Ezzati, a professor at Imperial College London.

The WHO noted that at the World Health Assembly in 2022, member states agreed to an agency plan to fight obesity. So far, 31 governments “are now leading the way” to reduce obesity by carrying out goals of the plan.

These include government measures to enact new rules on “harmful” marketing of unhealthy food and drinks to children. In addition, governments are aiming to improve school and nutrition



policies. They are also seeking price reductions for healthy foods, to increase public awareness about healthy diets and exercise and to strengthen requirements for physical activity in schools.

Imperial College's Ezzati said that obesity rates are not rising in many wealthier nations. But they are quickly increasing in other countries. He noted that some countries have many underweight people, meaning the nations are facing what he called a "double burden" of nutrition problems.

Branca is head of nutrition at the WHO. He told reporters, "In the past, we have been thinking of obesity as a problem of the rich, but obesity is a problem of the world. Although new obesity drugs – such as Ozempic and Wegovy – could be helpful tools in reducing obesity, they noted that the cost and availability of the drugs might increase inequality."

24. What does the underlined word "staggering" mean?

- A. Satisfying B. Amazing C. Astonishing D. Puzzling

25. What is included in the plan led by 31 governments?

- A. Setting laws to ban the sale of unhealthy food.
B. Increasing the cost for people to consume healthy food.
C. Attaching importance to physical activities.
D. Offering lower-priced obesity drugs to people.

26. What does the author mean by mentioning "double burden"?

- A. Some countries are suffering both poverty and obesity.
B. Some countries are suffering both poor nutrition and obesity.
C. Obesity is common in both poor and wealthy countries.
D. Obesity is a heavy burden for some countries.

27. What is Branca's attitude to obesity problem?

- A. Negative B. Indifferent C. Ambiguous D. Optimistic

C



Sora, a new AI model developed by the company OpenAI — creator of chatbot ChatGPT —

has recently become a global focus. The text-to-video artificial intelligence technology has the potential to make a revolution in video industries.

Sora can generate videos up to a minute long while maintaining visual quality and respond to user prompts, OpenAI said. It is able to generate complex scenes with multiple characters, specific types of motion, and accurate details of the subject and background.

Liu Xingliang, director of the Beijing-based Data Center of China Internet, said Sora is undoubtedly a major breakthrough for AI."It not only demonstrates AI's advanced ability to understand and create complex visual content, but also brings about opportunities and challenges for video content creation, entertainment, film and television production industries. The video-generation model will help video content creators to turn their ideas into reality at a faster speed and at a lower cost, and offer audiences richer and more diverse visual experiences," Liu said, adding that AI is expected to play a more important role in all aspects of human lives in the future.

Meanwhile, the use of text-to-video AI models raises concerns about ethics, copyright protection, personal privacy and data security, experts said. How to ensure the authenticity and transparency of the content has become an important issue, and more efforts are needed to formulate rules and regulations to ensure the healthy development of such technology.

Zhou Hongyi, founder of Chinese company 360 Security Group, said: "Sora might bring a huge disruption to the advertising industry, movie trailers and short video industry, but it may not necessarily beat TikTok quickly. It is more likely to become a creative tool for TikTok."

28. According to the text, what is the possible function of Sora?

- A. writing an essay
- B. drawing an image
- C. generating a movie
- D. composing a song

29. How does Sora bring opportunities to video content industries?

- A. By reducing the time of making a video.
- B. By adding the cost of making a video.
- C. By offering audiences a single visual experience.
- D. By helping the creators copy other's ideas.



30. What is the main idea of paragraph 4?

- A. the significance of Sora
- B. the potential risks of Sora
- C. the working principles of Sora
- D. the functions of Sora

31. Which statement does Zhou Hongyi agree with?

- A. Sora is important in all aspects of human lives.
- B. Sora will replace the traditional video industry.
- C. Sora poses huge risks to TikTok.
- D. Sora is a double-edged sword.

D

Djukic is a biology and chemistry student at John Carroll University. She never thought that one day she would be in a classroom where an English teacher asked her to play a board game in order to learn about climate change.

Debra Rosenthal is the professor of the class. At first, Djukic said she was uncertain about Rosenthal's board game idea. "I was just like: 'this is interesting, but how much are we actually going to take away from it?'"

Rosenthal thought her students would gain a greater understanding about how their own ideas and experiences affect climate change. Students do not compete against each other. They work together to choose the best plan of action. The game is different from board games such as Monopoly, where the goal is to win. Rosenthal said she hoped the games would give students a chance to talk about climate change in a new way.

"By playing the games, it's a way to be social, to engage in conversation. There has to be a lot of energy around the table. It's very collaborative. And in the game that I chose to play, they really were able to work together and try to come up with a solution so that the planet was not destroyed."

During the class, she said, students laughed, disagreed and had to call for votes as a way to decide how to move forward in the game. Djukic said it was a "way to have fun...while also learning about such a serious subject."

The games are global, Djukic said. That is because she and her classmates said they were able to see how one player's decision about agriculture affected another player on the other side of



the world.

She said the games showed her that "in the game of climate change and the climate crisis, no individual wins." "It's either we all suffer from this, or we all somehow collaborate to work our way out of this and turn the clock back on climate change."

32. What is the purpose of Rosenthal's class arrangement?
- A. To inspire the competition among students.
 - B. To entertain the students with the board game.
 - C. To stress the damage caused by climate change.
 - D. To encourage student's viewpoints about climate change.
33. Which best describes the board game according to paragraph 4?
- A. Cooperative
 - B. Competitive
 - C. Creative
 - D. Exclusive
34. What can be inferred from the last two paragraphs?
- A. Agriculture is of vital importance to the world.
 - B. The world is a community of shared future.
 - C. Man with strong will can conquer nature.
 - D. Climate change is a tough problem to solve.
35. Which of the following can be the best title for the text?
- A. Climate change calls for teamwork.
 - B. Climate change leads to global impact.
 - C. A board game helps students understand climate issues.
 - D. A good teacher gives students lifelong benefits.

第二节 七选五阅读 (满分 12.5 分, 共 5 题, 每题 2.5 分)

根据短文内容, 从短文后的七个选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Most of us have been there: Families can be very difficult, and family problems are very

painful. 36 Life is too short to waste time bogged down with negativity towards the people you love. How you approach the family member and what you say can make a big difference.

Identify the real problem. 37 Perhaps you are struggling with health problems or personal problems that you have been hiding from your family. Or maybe you are all grieving over a loved one who has passed away. Consider the real issue at hand, as this will allow you to then better address it.

Wait until you're not angry to discuss this problem. Family problems can be very painful, especially around family-centered times, like holidays. 38 Waiting allows you to approach the issue logically, rather than emotionally.

39 Keep your language positive when you talk to your family. Avoid using language that puts blame on any of your family members or that feels negative. Negativity is a vicious cycle.

Accept everyone's faults, including your own. They say that blood is thicker than water, and that you can choose your friends, but not your family. 40

- A. Avoid the blame game.
- B. Accept blame when you deserve it.
- C. Try to figure out what is indeed going on.
- D. That means avoiding judgment words or name calling of the family member.
- E. However, there are ways to solve family problems and restore peace to the dynamic.
- F. You might be able to cut people out, but it could cause you more pain down the road.
- G. You should take a step back and give yourself some time to think before dealing with them.

第 II 卷

第三部分 语言运用(共两节，满分 30 分)

第一节 (共 15 小题；每小题 1 分，满分 15 分)

阅读下面短文，从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

It was a sunny weekend. I had planned to go mountain climbing in the suburbs with Daniel. However, a sudden heavy rain that morning disrupted my plan. Looking out of the window, I couldn't help feeling a little 41 as the rain poured down.

However, Daniel 42 , “Since we can’t go mountain climbing, why don’t we go to an old 43 in the city? I heard there are many interesting shops and delicious food there.” I thought it was a good idea and 44 . We braved the heavy rain and arrived at the old neighborhood. Although the sky was still 45 , the old buildings and unique atmosphere of the neighborhood attracted us.

We walked through the narrow streets and admired the 46 shops on both sides. A retro-style coffee shop caught our attention and we decided to go in and rest. In the coffee shop, we tasted the delicious coffee and talked about our daily lives. 47 , a strange figure walked into the coffee shop. He looked 48 and lost. His eyes fell on us casually and seemed to be looking for something. Out of 49 , we took the 50 to talk to him. It turned out that he was a photographer and he had just lost an important memory card which contained his works of many years. He had been searching for it in the neighborhood for a long time, but still couldn’t find it.

After hearing 51 his troubles, we decided to help him search for it. We searched around the neighborhood and asked many people, but couldn’t find the memory card. Just when we were about to give up, a little kid 52 to us with a memory card and said he had found it by the roadside. We excitedly took the memory card and after checking it was 53 , we gave it back to the photographer. The photographer looked at us gratefully with tears in his eyes. He said, “Thank you very much. This memory card means a lot to me.” We felt happy that we could help him and it added more meaning 54 this unexpected trip.

This experience made me realize that life always has unexpected surprises and twists. Sometimes, 55 your plan is not a bad thing and it may bring you a more wonderful experience.

- | | | | | |
|-----|--------------|-----------------|----------------|-----------------|
| 41. | A. disabled | B. disappointed | C. disgraceful | D. disturbed |
| 42. | A. suggested | B. claimed | C. answered | D. demanded |
| 43. | A. museum | B. community | C. street | D. neighborhood |
| 44. | A. admired | B. agreed | C. jumped | D. permitted |
| 45. | A. sunny | B. chilly | C. gloomy | D. clear |
| 46. | A. ancient | B. crowded | C. spacious | D. various |
| 47. | A. Gradually | B. Slowly | C. Suddenly | D. Quickly |



48. A. tired B. angry C. energetic D. relieved
49. A. question B. curiosity C. control D. danger
50. A. action B. measures C. responsibility D. initiative
51. A. about B. from C. out D. into
52. A. listened B. talked C. came D. pointed
53. A. complete B. correct C. full D. useful
54. A. with B. up C. in D. to
55. A. changing B. scheduling C. making D. following

第二节 语篇型语法填空（共 10 小题；每小题 1.5 分，满分 15 分）

阅读下面短文，在空白处填入适当的内容或括号内单词的正确形式。

When Zhao Shuxian started working at an art and craft factory in 1973, the then 19-year-old was given the job of 56 (master) the time-honored craft of making “velvet” flowers from silk. His goal was to be promoted to the designer’s workshop 57 he would be able to make whatever he wanted, and earn a 58 (good) living. Today, Zhao is recognized as one of the few seasoned 59 (make) of this ornament (装饰).

The practice of wearing velvet flowers 60 (believe) to date back to the Tang Dynasty (618-907). They were sent to palaces during the reign of Wu Zetian, 61 they became a popular hair embellishment (点缀) for women serving at the court.

“It was common for court ladies 62 (decorate) their hair with flowers,” Zhao says. “But fresh flowers are not available all year around, so 63 (gradual) fabric flowers became a substitute.” Velvet flowers are called ronghua in Mandarin, a homophone for the characters meaning “prosperity”. Wearing them as 64 blessing became popular at wedding ceremonies, Lunar New Year, and Mid-Autumn Festival. Today, Zhao’s customers, who come from all over the world, wear his flowers both as an everyday item and 65 special occasions.

第四部分 写作（共两节，满分 40 分）

第一节（满分 15 分）



当下,正值踏春赏花好时节,贵州各地迎来了大量游客,然而旅游中不文明行为时有发生。假设你是学生会主席李华,请你用英语给你校学生写一篇倡议书,呼吁大家文明出游。

内容包括:

- 1、不文明出游的现象;
- 2、对文明出游发出倡议。

注意:

- 1、词数 80 左右;
- 2、可适当增加细节,使行文连贯。

第二节 (满分 25 分)

阅读下面材料,根据其内容和所给段落开头续写两段,使之构成一篇完整的短文。

The smell of defeat filled the air on a warm October evening. In the school parking lot stood Coach McDonald and me, a loser in the 160-pound weight class.

Coach McDonald's hands firmly grasped my shoulders, his eyes looking through my uncertainty. "Billy," his voice cut through the uneasy quiet. "The potential for you to become an excellent wrestler exists. It takes time," he argued.

"Don't you see? I lost... again. Ten matches. Never won." Frustration struck me as I stepped away from Coach McDonald. Pulling my cell phone from my equipment bag, I said definitively, "I need to call my mom. She'll pick me up." I just wanted to get away as soon as possible and flung myself into Mom's arms. She had always been my best friend and supporter.

While waiting for her to answer my call, the thought of quitting the sport rumbled in my mind. I was so frustrated at that time that I ignored the joy and satisfaction wrestling had brought to me.

Coach McDonald closed in. "Billy, look at me," he said. "Pound for pound, you're the strongest and most flexible (灵活的) kid on the team. That's a winning combination. Master the techniques in practice, and victory will be yours, I promise."

I coughed and pulled my sweaty shirt off my chest. "When, Coach?"

With a knowing look, Coach said, "Do you know how long it took me to win my first match?" He stood up straight, squinting (斜视) like he was recalling a tough time. "During my



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